



MODIFIED EARLY OBSTETRIC WARNING CHART (MEOWS CHART)

If the patient triggers ANY RED flag or TWO OR MORE YELLOW flags at any one time, CALL FOR HELP and start the FAST-M Decision Tool.

WRITE VALUES IN BOXES PROVIDED

Vital Sign	Normal Range	RED	YELLOW
Respiratory rate (breaths per minute)	11 - 20	25 or more	21 - 24
Temperature (°C)	36.0 to 37.9	35.9 or less	38 or more
Heart rate (beats per minute)	50 - 99	120 or more	100 - 119
Systolic blood pressure (mmHg)	90 - 99	160 or more	140 - 159
Diastolic blood pressure (mmHg)	39 or less	110 or more	90 - 109
Urine output (ml/kg/hour)	0.5 or less	12 hours or less	12 - 18 hours
Mental state (tick box)	Normal	Altered	Looks unwell (tick box)

TOTAL RED FLAGS:
 TOTAL YELLOW FLAGS:
 ACTION TAKEN (IF REQUIRED) Yes (Y) / No (N)
 If there are ANY RED or TWO OR MORE YELLOW flags, CALL FOR HELP and start the FAST-M Decision Tool.
 SUSPECT SEPSIS, START FAST-M

Complete the MEOWS Chart to monitor every woman's vital signs

ABNORMAL VITAL SIGNS NEED URGENT ACTION

If the vital signs on the MEOWS Chart trigger **ANY RED** or **TWO OR MORE YELLOW** flags, start the **FAST-M Decision Tool**.

Using the FAST-M Decision Tool

